



Courageous Action Flywheel | Worksheet #1

"The Future you hold in your mind drives your actions and behavior"

Additional Notes:

What is the courage needed right now?
and Why?

What key actions do you I need to take
to achieve my purpose? Big? Small?



What purposeful future
do you wish to create? and Why?

What is the Mindset needed?
and Why?

Where can i best channel my
energy to activate my purpose?





Courageous Action | Worksheet #2

“The Future you hold in your mind drives your actions and behavior”

My Better Leader Roadmap	My Purpose:		
TO > <small>The desired outcome / toward goal / future state / behavior</small>	FROM > <small>What needs to shift / change / remove / eliminate</small>	ACTION TO TAKE > <small>The priority action, one decision to make the shift</small>	HELP NEEDED > <small>The bold, direct and courageous ASK!</small>