



# Take Your Shot Worksheet

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1. First, get familiar with the different types of shots you can take this year. **See the prompts below and tips on page 3.**
2. Next, take a moment to set your shots for the year ahead. The more specific the better. You got this!

*“The level of outcome you desire in life is directly proportional to the level of courage you are willing to take.”*

<b>Take Your Shot!</b>	<b>My Action and Outcome</b> (Turn your shot into an action statement with a time and date) <i>BC Example: (Moonshot) “Activate 1 billion Moments of Courage by 2030”</i>
<b>Roof Shot</b> A clear, short-term, low-risk, achievable goal that adds immediate value	
<b>Earth Shot</b> A goal to benefit our planet and its inhabitants	
<b>Moon Shot</b> A “big, hairy audacious” goal that is out of your comfort zone	
<b>Mars Shot</b> An unimaginable goal beyond what you can foresee today	



# Taking Your Shot Tips

1. **Get clear on the shot you're trying to take.**
2. **Believe in yourself and your abilities to achieve it.**
3. **Build a strong support system and don't be afraid to ask for help.**
4. **Be open to learning and trying new things.**
5. **Persevere and stay resilient.**