

Courageous Leadership

Cultivating your courage garden

Worksheet

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Courageous LeadershipCultivating Your Courage Garden

- 1. Cultivating a courage garden requires four key intentional steps prepare, plant, nurture and harvest.
- 2. Follow the steps and sequence of questions below to cultivate, sustain and enjoy your personal garden of courage
- 3. Share your seeds of learning with others as you go so we can build a thriving community of courage gardens together

Additional Notes:				
		Prepare Where is the Courage Needed?		Prepare: Where is the courage needed and why?
Harvest: What has my garden become? and what has it produced?				
	Harvest What has my garden become and produced?	Cultivating My Courage Garden	Plant What are my seeds of cours	age?
Nurture: How will i nurture my garden? The coaching needed? The projects needed?				Plant: What are the seeds of courage I will plant today; what will they grow?
		Nurture How will i nurture my		

courage garden?

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